

# Contraception App for military women....

This app supports military women in their decision-making related to contraception, taking into consideration that servicewomen, when deployed or in challenging environments, may choose one of many contraception options for birth control or to manage menstrual periods



Get **“Decide + Be Ready”** at your app store



IOS version



Android version

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**NAVY AND MARINE CORPS PUBLIC HEALTH CENTER**  
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